

## WRITING SUB-TEST – TEST BOOKLET

### INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

## Occupational English Test

**WRITING SUB-TEST: NURSING**

**TIME ALLOWED: READING TIME: 5 MINUTES**

**WRITING TIME: 40 MINUTES**

Read the case notes and complete the writing task which follows.

### **Notes:**

**Assume that today's date is 15 May 2021.** You are a nurse in Oldtown Hospital, responsible for the care of an elderly patient who was admitted after a fall. He is now ready to be discharged.

#### **PATIENT DETAILS:**

**Name:** George Gale (Mr)  
**DOB:** 24 Apr 1936, 85 y.o.  
**Address:** 14 Long Street, Oldtown

#### **Social background:**

Retired retail manager  
Widower (wife died 2019)  
Son, 47 y.o., works abroad  
No family close by  
Living alone in own flat, level 2, no lift  
Socialises w. neighbours  
Independent, cooks, daily walks to shops  
Social drinker, smoker – 10 cigs/day

**Medical history:** 2003: Osteoarthritis diag.  
2009: Hypertension diag.  
2013: GORD (gastro-oesophageal reflux disease) – self treated with antacid tablets  
2019: Non-specific colitis – ongoing monitoring, no treatment required

**Medications:** Paracetamol 500mg 2 tablets 4x/day (osteoarthritis)  
Felodipine 5mg 1x/day (hypertension)

#### **Presenting complaint:**

Disorientation & fever (following fall)

**Hospital admission:**

**10 May 2021:**

**Subjective:** Pt reports fall 09 May – while brushing teeth, felt weak, 'legs gave way', fell backwards w. headstrike, approx. 5hrs lying on floor

Neighbours heard call for help around 0300 10 May, called ambulance

2 wks before fall: single episode of vomiting, palpitations, dysuria

**Objective:** Confusion, disorientation

Temp: 38.1°C (high), BP: 155/80 (elevated), Pulse: 86 bpm (normal), RR: 26/min (elevated)

Urinalysis: ≥ 100,000 cfu/ml (high), 2 wbc/hpf

**Diagnosis:** Urinary tract infection (UTI) – ?cause of fall

**Treatment Record:**

**10 - 14 May 2021:**

IV antibiotics: amoxicillin 1 x 750mg/8 hrs & Pt's regular meds continued

Observations: nil dizziness, nil palpitations

Temp: 37.2°C (normal), BP: 130/80 (normal), Pulse: 86 bpm (normal), RR: 20/min (normal)

**15 May 2021:** Ready for discharge to nursing home for temporary care

Concerns:

- Pt lives alone, no home help
- Keen to return to own home ASAP
- Significantly lowered mobility →30 min/day of physical activity to be encouraged
- Still episodes of confusion →assessment for independent living recommended

**Plan:** Write to head nurse at nursing home re further care required

**Writing Task:**

Using the information given in the case notes, write a letter of discharge to Ms Gold, the Head Nurse at Primrose Nursing Home. In your letter briefly outline Mr Gale's history as well as your concerns and recommendations. Address the letter to Ms Jane Gold, Head Nurse, Primrose Nursing Home, 3 Blackwood Street, Oldtown.

**In your answer:**

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

**The body of the letter should be approximately 180–200 words.**

Any answers recorded here will not be marked.

BLANK

**Occupational English Test****WRITING SUB-TEST: NURSING****SAMPLE RESPONSE: LETTER OF DISCHARGE**

Ms Jane Gold  
Head Nurse  
Primrose Nursing Home  
3 Blackwood Street  
Oldtown

15 May 2021

Dear Ms Gold

Re: Mr George Gale  
DOB: 24 Apr 1936

Thank you for taking over Mr George Gale's post-fall care. I am writing to provide a brief summary of his background and plan for temporary residential care upon discharge.

Mr Gale, an 85-year-old widower, lives alone in his own flat. On 9 May, he had a fall at home and hit his head. It was not till several hours later that his neighbours heard his cry for help and called the ambulance. Mr Gale later said that he had suddenly felt very weak before he collapsed. He reported a single episode of vomiting, palpitations and dysuria two weeks prior to this incident. Mr Gale was admitted to Oldtown Hospital with a fever and disorientation: symptoms later attributed to a febrile urinary tract infection.

Mr Gale has hypertension and osteoarthritis, for which he takes felodipine and paracetamol. He also requires regular monitoring for his non-specific colitis.

Mr Gale now has reduced mobility, therefore he needs to be encouraged to do 30 minutes of daily physical activity to regain his strength. Despite his UTI being successfully treated with IV antibiotics, he still has episodes of confusion. Although he is keen to return to his own home, an assessment for independent living is strongly recommended prior to discharge from your facility.

Your assistance would be greatly appreciated.

Yours sincerely

Nurse